

Appointments.

MATRONS.

MISS SARAH A. SWIFT has been appointed Matron to Guy's Hospital, in connection with which institution she has worked for upwards of 10 years. Miss Swift was trained at the Royal Infirmary, Dundee, where she obtained a three years' certificate, from 1877 to 1880, and she has since held the following appointments. Acting Matron, Home for Incurables and District Nurses, Dundee, to 1886. Ward Superintendent, City Infirmary, Liverpool, to 1887. Night Superintendent, London Fever Hospital, to 1888. Sister, Seaman's Hospital, Constantinople, to 1889. Lady Pupil, Guy's Hospital (certificate, 1 year's training), from December, 1890, to December, 1891. Assistant Matron at Guy's from that date to January, 1893, since which time Miss Swift has been Lady Superintendent of Guy's Hospital Trained Nurses Institution for Private Nurses, and she has been awarded the Guy's Nurses Medal, which we believe is not earned for less than five years service in connection with the hospital.

MISS MARY L. POLLETT has been appointed Matron of the Abingdon Cottage Hospital. She was trained at the London Hospital, has been Sister at the Radcliffe Infirmary, Oxford, and lately Assistant Matron at the General Hospital, Nottingham.

MISS FLORENCE BROUGH LAW has been selected, out of many candidates, as Matron of the Dover Hospital. She received her training at the Royal Infirmary, Glasgow, and has acted as Lady Superintendent of Nurses at the Glasgow Royal Infirmary, of the Kent Nursing Institution, Bromley, and of the Bromley Private Nursing Home.

MISS MARY A. BAYNES has been appointed Matron of the Infectious Hospital, Rush Green, Dagenham. She was trained at the Cheltenham General Hospital, and St. John's House, Norfolk Street. She has held the position of Matron to the Sandhurst Hospital at Waltham Abbey.

CHARGE NURSE.

MISS A. MATTINSON has been appointed Charge Nurse at the Kindray Hospital, Barnsley. She was trained at the Royal Infirmary, Manchester, and has acted as Staff Nurse in the same institution.

SUPERINTENDENT NURSE.

MISS JENNIE M. WATT has been appointed Superintendent Nurse at the Wisbech Union Infirmary. She received her training at the Royal Hants County Hospital, Winchester, in which institution, as well as at the York County Hospital, she has held the position of Ward Sister.

The Prevention of Consumption.

To the Editor of the "Nursing Record."

DEAR MADAM,—It is now very generally recognised in the medical and nursing professions that phthisis is a preventable disease, in that its spread from man to man or from animals to the human race can be almost entirely prevented by the exercise of simple sanitary precautions, and that the chief hope of completely stamping out consumption lies in the conscientious observation of certain rules of life, not only by patients themselves, but also by the community at large.

The great difficulty at present lies in the extreme ignorance of the lower classes on this particular subject; the better educated and more intelligent members of the public are comparatively easy to reach, either through the public Press or by means of popular lectures, but, unfortunately, the very poor, the dissolute, the dirty, and the shiftless are hard to teach, and their want of education forms a very real danger to the country.

District nurses have here a splendid field for their labours; no other class of workers among the poor have anything like their opportunities for pointing out the relationship of dirt and disease, and for teaching the very elements of sanitation.

Various leaflets have already been put forth by the National Association for the Prevention of Consumption and other public health bodies, with a view towards teaching some of the elementary rules of health, but so far none of their publications have been quite satisfactory, some being too full of detail, and others not definite enough in their suggestions and directions.

Experience having shown exactly to which points it is necessary to call the attention of the phthisical (in order to minimise the risk to their families, consequent upon their return to them after treatment), the enclosed booklet has been drawn up by the medical authorities of the National Sanatorium, Bournemouth, in order to impress upon patients the necessity of carrying out those laws of health which they have learnt whilst in the institution.

It will be seen that the instructions are divided under certain headings:—

The Sputum, its disposal and dangers.

The Toilet, including care of the finger nails.

Diet. Clothing. Cleaning and ventilation.

The need for the continual observance of the laws of health.

The language is so simple that the most ignorant cannot fail to understand it.

I should be very glad to send a specimen copy

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